

TREK SAHARA DESERT

 **actionchallenge**
challenge events worldwide



ITINERARY – OUTLINE FOR BESPOKE TRIPS

Many an explorer has commented that there is no noise quite so deafening as the silence of the desert. This trek takes you to the largest hot desert in the world – its name comes from the Arabic “Sahra” – literally meaning “desert”. Accompanied by our Moroccan guides and their trusty camels, we spend four days exploring this vast wilderness sleeping under the stars.

DAY 1 DEPARTURE

We assemble for our flight to Morocco. We arrive in the city of Ouarzazate – an ancient staging town situated in the heart of the Draa Valley, whose name is derived from the Arabic meaning “the door of the desert”. Here we retire to our hotel and prepare ourselves for the challenge ahead.

DAY 2 DUNES OF RAS NKHAL 4HRS TREKKING

After a welcome briefing from our local guides we set off towards the high Atlas mountains through Zagora, where the camel trains set off for Timbuktu and onto Ouled Driss. Here, we load our camels and start our trek to the first camp set amongst the dunes of Rad Nkhal. Tonight we enjoy a traditional Moroccan dinner by a camp fire under African skies.

DAY 3 AIT OUNIR DUNES 6HRS TREKKING

Today we make the most of the morning cooler climes surrounded by mini-mountains of sand dunes. Moving at the pace of our camels, we trek past the cliffs of the southern Drâa. After climbing the first dunes of Ait Ouimir, we arrive into camp where the Tamarisk trees provide welcome relief from the sun and an ideal canopy for dining under!

DAY 4 TEL ATTIN WELLS 5HRS TREKKING

After breakfast we head north across the river beds towards Djbel Bani. Our path takes us past the fertile valley floor filled with date palms, olive groves and citrus trees. Here we lunch with the Berber and continue to Erg Smar and the wells of Tel Attin where we set up our camp for the night.

DAY 5**MZOUARIA****5 HRS TREKKING**

Our desert adventures continue today as we head for Mzouaria for a relaxing lunch under the shade of the ubiquitous Tamerisk trees. After this tranquil break from our trek we continue onto the impressive plateau known as the Djbel Bani foothills; the southern tail of the anti-Atlas mountains. Tonight we camp on the banks of Oued Mzouaria.

DAY 6**OULED DRISS****5 HRS TREKKING**

For our last day of trekking we head back towards the palmeraies of Oulad Driss via the village of Erg Lihoudi. We re-enter civilisation and notice irrigation canals which feed the extensive agricultural network within the valley. Tonight we enjoy a unique experience of a traditional Moroccan feast under the desert skies in nomad tents.

DAY 7**MARRAKECH**

This morning we transfer by bus back to Ouarzazate and then over the Atlas to Marrakech. We have the opportunity to spend some time in one of Morocco's most exciting cities and then mark our achievements with an evening of celebration, long into the night!

DAY 8**DEPARTURE**

We take an early morning flight out of Marrakech.



LOGISTICS



CHALLENGE COST INCLUSIONS

Pre-trip briefing by Action Challenge staff
International flights
Action Challenge Representative
Action Challenge medic
English-speaking local guides
All accommodation
All meals, except in free time
All participant and luggage transfers
All National Park fees
3 litres of water provided daily
All entrance fees as per the itinerary
Pre-event client support

NOT INCLUDED

Alcoholic drinks
Travel insurance
Visas
Local departure tax
Fuel supplement

ACCOMMODATION

All accommodation will be on a twin share single sex basis in 3* hotels, igloo and nomad style tents.

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

COSTS OF CHALLENGE

From £1099 per participant
For groups less than 15 please get in contact.

FOOD

On trek the meals will be varied, using fresh local produce, expertly prepared by the kitchen staff. This will include a hot evening meal in camp. A celebratory dinner will be enjoyed in a local restaurant in Ouzazarate.

WEATHER

Deserts around the world are often very hot during the day and very cold at night. During the day temperatures can range from 25-40 degrees Celsius with little respite in the form of shade.

November to April are considered optimum months in Morocco for completing this challenge.

RATING & FITNESS

This is a moderate challenge and is achievable by anyone with a basic level of fitness and some prior training.

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