



MOUNT TOUBKAL – MOROCCO (5 DAY)

ITINERARY – OUTLINE FOR BESPOKE TRIPS

This long weekend challenge in Morocco gives us a taste of mountain life, Berber villages and the madness of Marrakech. We climb up Mt Toubkal (4167m) – North Africa's highest peak and despite the demanding and steep climbs, the breath-taking views, friendly locals and overwhelming sense of achievement are well worth the effort.

DAY 1 MARRAKECH

On arrival we transfer to our hotel and later have a welcome meal and briefing on the days ahead.

DAY 2 THE ATLAS MOUNTAINS 13KM/6HRS TREKKING

We wake early for breakfast and transfer 1½hrs across the Haouz Plain to the village of Imlil from where we start our trekking challenge. Here, in the foothills of the High Atlas Mountain range, we will meet our muleteers and take our first steps into a wonderful, verdant and fertile valley. Leaving the river below we gradually rise until we reach the base of Mt Toubkal where the land resembles a hard rocky mountain environment. We soon pass through the picturesque terraced village of Aroumd 1904m that clings to the steep slopes of the valley and arrive for lunch at the tiny settlement of Chamharouch 2310m. We arrive at our gite to a welcoming cup of mint tea and wonderful Berber hospitality.

DAY 3 MT TOUBKAL ASCENT 9KM/10-12HRS TREKKING

We wake early this morning, have a good breakfast and immediately start climbing. Our guides will be taking us through the hidden valleys and up to the rarified atmosphere of the higher reaches of Mt Toubkal. We should reach the summit at about midday where the views of the rest of the atlas mountains are truly magnificent. We stop for a well deserved lunch, before spending the afternoon descending. Back at our accommodation we put our feet up and truly relax after an amazing days' challenge. After our usual good sweet mint tea we sit down for another great Berber meal before a great nights sleep. Tonight is our last night in the mountains before returning to Marrakech.

DAY 4 MARRAKECH 10KM/5HRS TREKKING

We start our last trekking day early with a descent all the way to the village of Imlil 1,751m. From here we transfer to Marrakech where we have enough time to freshen up and see the markets, visit the souks and the medina of this wonderful and fascinating city. We then meet up at our restaurant for a special farewell celebratory meal with local musicians and belly dancers! Tonight the celebrations will go on well into the night.

DAY 5 RETURN HOME



LOGISTICS



CHALLENGE COST

From £1175 per person
For groups less than 15, please get in touch

CHALLENGE COST INCLUSIONS

Pre-trip briefing by Action Challenge staff
International flights
Action Challenge Representative
Action Challenge medic
English-speaking local guides
All accommodation
All meals, except in free time
All participant and luggage transfers
All National Park fees
3 litres of water provided daily
All entrance fees as per the itinerary
Pre-event client support

NOT INCLUDED

Alcoholic drinks
Travel insurance
Visas
Local departure tax
Fuel supplement

TOTAL DISTANCE TREKKED

Approximately 32km

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

FOOD

Breakfasts each morning will be at the accommodation, lunch en-route and evening meals will be freshly prepared by the refuge in time for our arrival or in a local restaurant.

WEATHER

Marrakech and the interior areas can become unbearably hot in the summer and very chilly in the winter. In the middle months of April to May and September to October the temperatures are more manageable, although lowland areas can still hit 30°C during the day. At altitude the temperatures drop and the weather can become more changeable.

FITNESS

This challenge requires a good level of fitness to walk the route. The ascent is tough going with the added difficulty of high altitude.

ACCOMMODATION

The first and last nights are spent in a comfortable hotel near the centre of Marrakech. Nights in the mountains are spent in simple refuges, where the facilities are basic.

RATING

Moderate-plus