



GREAT WALL OF CHINA TREK



# TREK CHINA – OUTLINE FOR BESPOKE TRIPS

## DAY 1 DEPARTURE

## DAY 2 BEIJING AND THE GREAT WALL

On arrival in Beijing we transfer to our lodge in the middle of the famous Juyong circuit which is ideally positioned for tomorrow's trek. This evening we have a meal and briefing from the guides that will be with us for the rest of the week.

## DAY 3 BADALING AND JUYONG 10.5KM / 7HRS TREKKING

After breakfast we start trekking immediately the Juyong Circuit and then transfer to Badaling for lunch. Badaling where we trek this afternoon formed a complete set of ancient double defensive works for Beijing. The two sections are a tough warm-up for our first day on the wall and we welcome the return to our lodge this evening for dinner.

## DAY 4 MUTIANYU AND THE 1000 STEPS 8KM / 5HRS TREKKING

We transfer through stunning rural countryside to Mutianyu and the first UNESCO World Heritage Site stretch of wall. We climb 1000 steep steps to the highest point of the today's challenge 767m where we lunch. We descend by 'luge' and have some free time in Mutianyu before transferring to our lodge.

## DAY 5 BLACK DRAGON POOL PARK 13KM / 7HRS TREKKING

After breakfast we transfer to the Black Dragon Pool Park where we spend the day trekking. It has stunning scenery with waterfalls and lakes, in a narrow canyon and great views from the high pass. We overnight in Jinshanling Lodge.

## DAY 6 GUBEIKOU GREAT WALL 6KM / 5HRS TREKKING

Gubeikou has long been of military significance and an important passage to the capital city as it has a natural narrow pass. Today's 5hrs walk is about 5hrs. Dinner is a BBQ at our Lodge in the courtyard with great views of the Great Wall.

## DAY 7 JINSHANLING 13KM / 5HRS TREKKING

The last day of the Challenge! We trek for around 5 hours to Jinshanling with a packed lunch on the way. A wonderful day of trekking in which around 20/30 towers are visited including some beautiful sections that have been left as ruins. Emotions run high as the group takes its final steps off the Wall and the challenge comes to an end. The transfer back to Beijing is 2 –3 hours with dinner en route to our hotel.

## DAY 8 THE FORBIDDEN CITY

Breakfast is followed by a visit to Tiananmen Square, a city tour of the Forbidden City and a walking tour of Olympic Park. If time permits, then we will transfer to the Silk Market for shopping before dinner. In the evening we enjoy a celebratory gala dinner at an excellent local restaurant and after a night of good celebrations we return to our Beijing Hotel.

## DAY 9 RETURN HOME



LOGISTICS



## **COSTS OF CHALLENGE**

From £1425 per person

For groups less than 15, please get in touch

## **CHALLENGE COST INCLUSIONS**

International flights

Action Challenge Representative

First Aid Trained member of staff/ doctor

English-speaking local guides

Porters on the trek

All accommodation

All meals, except in free time

All transfers

All National Park fees

Drinking water on the trek

## **NOT INCLUDED**

Alcoholic drinks

Travel insurance

Single supplement

Visas (if applicable)

Local departure tax (if applicable)

Tips

Fuel supplement

## **TOTAL DISTANCE TREKKED**

Approximately 60km

## **RATING**

Moderate/Tough

## **ABOUT ACTION CHALLENGE**

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

## **TOTAL DISTANCE TREKKED**

Approx 50kms

## **FITNESS**

This challenge requires a good level of fitness to walk the route. Although some of the days can be fairly short the trekking can be demanding with very steep and uneven steps in some places.

## **ACCOMMODATION**

A mixture of simple but comfortable lodges are used during the trekking phase as well as some hotel accommodation. In Beijing a superior (4\* western) hotel is used as our base for 2 nights. All sites are chosen for their outstanding position and all accommodation is on a single sex twin share basis.

## **FOOD**

Breakfasts each morning will be at the accommodation, lunch en-route or in a local restaurant and evening meals will be either in our hotel or at a nearby restaurant. All food will be freshly prepared and varied.

## **WEATHER**

The best time to visit the Great Wall is from September-November when it is warm with clear skies and fewer tourists. Rains can be present at any time of the year.