

TATRA CHALLENGE



ITINERARY – OUTLINE FOR BESPOKE TRIPS

This challenge is based in the beautiful Tatra Mountains, a relatively undiscovered European mountain area. They are part of the Carpathian Mountains range, lying along the border of Poland and Slovakia. The route circumnavigates the magnificent Tatras and throughout the challenge, we are blessed with stunning and dramatic views, steep passes, deep valleys and crystal clear lakes.

DAY 1 THE TATRA MOUNTAINS

We fly into southern Poland and transfer south to the mountain town of Zakopane, where we stay in our comfortable hotel. Here we have our bike fitting and this evening meet the team that will be with us over the course of the challenge who give us a full briefing and a great Polish welcome meal.

DAY 2 KOSCIELISKA VALLEY 50 KM

We start our challenge early with a hearty breakfast before heading off on a full day's ride within the Tatra National Park. By the end of the day we return to our hotel to enjoy a typical meal and perhaps even try a little of the local brew!

DAY 3 GREEN LAKE MOUNTAIN LODGE 64 KM

Today we leave Zakopane and Poland heading east into Slovakia and then to the idyllic setting of our mountain refuge, Chata pri Zelenom plese or Green Lake Mountain Refuge. We head off directly over some hills with a final big push up to 1700m at the refuge. Tonight we settle down to a mountain meal in a great atmosphere before sleeping in our rustic accommodation.

DAY 4

STARY SMOKOVEC

100 KM

We wake to one of the most beautiful views of any refuge in the Tatras with imposing mountain peaks all around. Today, we have a great descent to the valley floor before a day of discovery. We arrive at the classic 1960's communist era style hotel where we relax and enjoy the experience.

Day 5

POPRADSKE PLESE

85 KM

Our final and by far the hardest day of our challenge sees us cycle along a path at 2044m with its great views over the Podta Tatranska valley. We then make our way west into the Turkova National Park, through the beautiful valleys, past the massive Turkova Dam and then into Liptovský Mikuláš for a quick visit of this beautiful town. We then head into the Tatra foothills heading to the town of Strbske Plese and our hotel for the night. Once we have all arrived we can relax with a great Slovak beer before getting ready for the celebrations that should go on well into the night.

Day 6

RETURN HOME

This morning we rise early for breakfast before transferring to the airport in Poland for our return flight.



LOGISTICS



COSTS OF CHALLENGES

From £1100 per person

Minimum number 15 participants

For groups less than 15, please get in contact.

CHALLENGE COST INCLUSIONS

Pre-trip briefing by Action Challenge staff

International flights

Action Challenge cycle guide

First aid trained member of staff/doctor

Luggage Transfer

Bike

All accommodation

All meals, except in free time

All transfers

3 litres of water provided daily

NOT INCLUDED

Alcoholic drinks

Travel insurance

Personal kit

Single supplement

Tips for local guides

Local departure tax

Fuel supplement

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

DISTANCES

Approximately 299km

RATING & FITNESS

These moderate challenges require a good level of fitness to walk /cycle the route.

ACCOMMODATION

A mixture of lodges and hotels

FOOD

Breakfasts each morning will be at the accommodation, packed lunch en-route and evening meals will be at our accommodation or in a local restaurant.

FLIGHTS

Low-cost flights are included. Should there be any change in the schedules this may affect the itinerary

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