



GRAND CANYON CYCLE

 **actionchallenge**
challenge events worldwide

ITINERARY- OUTLINE FOR BESPOKE TRIPS

The Grand Canyon USA Cycle Challenge brings us from Las Vegas through the states of Nevada and Utah, ending in Arizona the home to some of the most beautiful sections of the Grand Canyon. Our ride is quite manageable for most cyclists though at times the good long days and interesting climbs prove an exciting challenge. This challenge is one where the good physical effort of the ride is soon forgotten but the images and experiences remain in your memory forever.

DAY 1 LAS VEGAS

We fly from London to Las Vegas and upon arrival take a 150km transfer by coach to St George past Lake Mead National Park, into Arizona for 20kms and ending just inside the border of Utah. Our comfortable Hotel will be our base for the next two nights as we discover and acclimatise to this area. We have a welcome dinner tonight and hear more about the challenge ahead from our guides.

DAY 2 SNOW CANYON 50KM

We start our challenge with a cycle north out of St. George on great roads heading to Snow canyon National Park. This is a great introduction to the area that is surrounded by seven National Parks, including those of Zion and of course Grand Canyon. The Red Navajo sandstone, makes photography and biking in the Park a double treat especially during autumn.

DAY 3 ZION NATIONAL PARK 66KM

Today we set off on good tarred roads past Quail Creek State Park and the town of Hurricane along the main river flowing from Zion National Park. Our ride is generally on a slight incline all day taking us from 800m to a height of about 1200m. Our destination is Springdale which is inside the park and for those that wish there is an optional afternoon drive through Zion Canyon ending with a visit to the visitor centre. Tonight we have a typical meal in one of the local restaurants and enjoy the atmosphere in this very special town.

DAY 4 KANAB 98KM

We leave the national park behind us today and head south on a big day that will take us close to lovely Coral Dunes Sand Dunes National Park. The ride starts with a tough cycle out of the valley and then continues for the rest of the day on a mostly flat ride all the way to our destination of the towns of Fredonia/Kanab on the border of the Arizona/Utah.

DAY 5 JACOBS LAKE CAMP 60KM

Today we enter the Kaibab National Forest on a much shorter day but with a gentle but almost constant incline to 2400m. We are quite high now and the temperatures start to get cooler. The roads are once again good and should make the climb quite achievable for all participants as we make our way to our camp at Jacobs Lake. This is our only camping night and is made easier with our great meal at the Jacobs Lake restaurant.

DAY 6 NORTH RIM GRAND CANYON 70KM

For our last cycling day we make our way to the North rim of the Grand canyon and celebrate with our fellow riders reaching the end of the challenge. We have free time inside the visitors centre and are able to discover the trails overlooking the Canyon. Once we have had a few hours at the canyon we then transfer all the way back to Las Vegas for our celebratory night with a great meal and comfortable hotel on the famous strip in downtown Las Vegas.

DAY 7 LAS VEGAS

The morning is for relaxation, to recover from the challenge or the night before! We depart for the airport in the afternoon for an overnight flight home.

DAY 8 ARRIVE LONDON

LOGISTICS



COSTS OF CHALLENGE

From £2195 for participants.
For less than 15 people please get in touch.

CHALLENGE COST INCLUSIONS

Pre-trip briefing by Action Challenge staff
International flights
Action Challenge Representative
Expedition Medic
English-speaking local guides
Luggage Transfer
Bike
All accommodation
All meals, except in free time
All transfers
All National Park fees
3 litres of water provided daily

NOT INCLUDED

Alcoholic drinks
Travel insurance
Personal kit
Single supplement
Tips for local guides
Local departure tax
Fuel supplement

TOTAL DISTANCE CYCLED

Approximately 344KM

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

FITNESS & RATING

This is a moderate challenge that requires a good level of fitness and training should be done prior to the event.

ACCOMMODATION

We have Motel/Inn accommodation throughout the challenge and use one night of camping. Accommodation will be allocated on a twin /triple share same sex basis

FOOD

Breakfasts each morning will be at the accommodation, lunch en-route and evening meals will be in camp or in a local restaurant. A celebratory dinner is included.

WEATHER

For the period of late Sept to mid October the temperatures range between 5-15 degrees centigrade with some chance of rain/snow. There are often clear blue skies during the day though the temperatures may drop at night.