



COMMUNITY CHALLENGE CAMBODIA



ITINERARY – OUTLINE FOR BESPOKE TRIPS

This challenge is one that brings you into the real essence of Cambodia. We spend three days trekking around the 800 year old temples of the greater Angkor Wat region and then work on a community project to build Cambodian style houses for the poor and victims of landmines. The history, trekking, building project and warmth and friendliness of the Cambodian people will leave us with great memories of an amazing challenge.

DAY 1 DEPARTURE

DAY 2 SIEM REAP

We arrive into Siem Reap in the north of Cambodia early evening and transfer to our hotel. This evening we finish the day with a briefing by the local guides on the week ahead.

DAY 3 KULEN MOUNTAIN 21KM

Our first day we wake early to take advantage of the cooler morning and transfer to the base of the famous Kulen Mountain, where we have a steep 350m ascent to Tapeanh Village, the highest point of our challenge. For the rest of the day we trek through jungle, into villages and past “the Big Buddha” statue, that overlooks the whole of Siem Reap Province, before ending the day at the Kulen River waterfalls where we are able to relax and unwind at our riverside campsite.

DAY 4 SIEM REAP 15KM

After breakfast we break camp and trek through the jungle before emerging on the edge of the Kulen plateau from where the plains of northern Cambodia extend beneath us. Climbing down the steps that lead off the mountain we pass through a small Buddhist community before continuing our walk through paddy fields to our support vehicles. On the transfer back to Siem Reap we take a small detour off the main road to visit the community where we will spend the coming days building the houses. Here we enjoy a box lunch with local community before returning to Siem Reap we have the rest of the afternoon free to prepare for the start of our challenge proper.

DAY 5, 6, 7, & 8 PROJECT WORK

Today, after breakfast and a full briefing on how our community challenge will be run, we transfer one hour to the district of Puok/Angkor Thom where our village project will be based.

After meeting the families whose houses we will be working on we will split into teams and commence work proper on the build!

For 4 days we continue our work on the house building. Throughout the days there will be water, snacks and fruit available to replenish energy levels and at midday we have a good Cambodian lunch. We spend the next 4 nights camping in the local community in twin-share tents with sleeping mats and linen. Food is prepared each evening by our dedicated catering team and the campsite has mobile bucket showers and western toilets.

On our last afternoon at the project, local Buddhist Monks will perform a blessing ceremony to officially hand the homes over to the families. There will then be a chance to visit the local school and some time to meet the children before we say goodbye to the whole community and return to Siem Reap.

DAY 9 FREE DAY IN SIEM REAP

After a well deserved lay in this morning we have a full free day. We will be free to explore Siem Reap and the World Heritage Site of Angkor Wat, which, along with its surrounding temples, are justifiably regarded as one of the wonders of the world. This evening we re-assemble for a celebratory dinner in Siem Reap.

DAY 10 DEPARTURE

We have some free-time in the morning for optional excursions and you may choose to explore the outlying temples of Angkor by Tuk-Tuk, or perhaps visit the floating villages on nearby Tonle Sap lake. This afternoon we transfer to the airport in time to catch our overnight flight home.

DAY 11 ARRIVE HOME



PROJECT PARTNERS SIEM REAP

The community project that we will be working on is managed by the Jesuit Service, a local organisation whose aims are the development of rural communities in mine affected areas. At a grass roots level this work includes access to housing for the poorest people and those affected by mines, access to water, to the upkeep of village roads and bridge links, to the upkeep of rice and animal banks, to the development of community activities that generate income and food etc.

Our challenge for 4 days will be to work in teams, together with the local villagers to build houses for those people that we support. Our work will be to complete a certain number of basic houses so that we can hand them over as finished homes to the family and communities before we leave Cambodia.

Last year this organisation built 20 houses, 7 wells, 2 dams, 2 roads, 4 small bridges, assisted cow banks in 8 villages with 246 cows as well as organising many income generating loans for landmine victims.



LOGISTICS

COST

From £2195 per person

For groups less than 15 please get in touch

INCLUDED

Pre-trip briefing by Action Challenge staff

International and domestic flights

Action Challenge doctor/leader

English-speaking local guides

All accommodation

All meals, apart from during 'free time'

All transfers

All entrance fees as per the itinerary

Luggage transfer

Angkor Wat/Bayon Temple Pass

Project build materials

NOT INCLUDED

Alcoholic drinks

Meals during "free time"

Travel insurance

Single supplement

Visa costs

Local departure tax

Fuel supplement

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

TOTAL DISTANCE TREKKED

Approximately 36km

RATING

Moderate trekking.

FITNESS

This challenge requires a basic level of fitness to complete the route and take part in the project.

ACCOMMODATION

5 night camping (with fixed facilities), 4 nights 3* hotel accommodation. All accommodation on single sex twin share basis.

FOOD

Breakfasts each morning will be at the accommodation, lunch en-route and evening meals will be either freshly prepared at the hotel or in a local restaurant.

WEATHER

November is hot, and short sharp rains sometimes occur in the afternoon.