Hike along towering canyons, wade through the Virgin River and enjoy the breathtaking, panoramic views. Explore remote trails, pretty creeks and camp under the stars before living it up on our final two nights in Las Vegas!

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**trips highlights**

- Panoramic views of the Grand Canyon - from all angles
- Trek along some of the top trails in the world
- Lunch views over the Colorado River
- Stay in the iconic Zion National Park
- Hike the Narrows and wade through the Virgin River
- Explore the hustle and bustle of Las Vegas for 2 nights!

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**at a glance**

- Activity: Trekking
- Location: Arizona, USA
- Duration: 9 days / 5 days trekking
- Difficulty: Moderate
- Distance: 66 km
- Group size: 15 -25

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Action Challenge have been leading inspirational team adventures across the world for individuals, private groups, charities and corporate clients since 1999. Our trips enable people to experience the world’s most exhilarating locations, often in aid of charity. At the heart of every challenge is team spirit and fulfilment; together we take on once-in-a-lifetime adventures, achieve formidable goals and forge friendships for life.
April, September and October are ideal months to take on this challenge, outside of the very hot summer period. Due to the desert climate, the days will be hot, with an average temperature of 25°C, but at night temperatures can drop to a much cooler 5 to 10 °C.

This fully-inclusive adventure to the Grand Canyon will begin as soon as you register! You will receive a challenge pack including a training guide, kit list and discounts for all the essentials you may need. If you are raising money for a charity, we will sort out all the formalities so you can concentrate on your own preparation and fundraising. We offer training weekends in the UK, where you can meet our trek leaders, members of your group and others taking part in challenges around the world.

On the day of departure you will meet your group and Action Challenge leader at the airport in London. Whether you’re joining the challenge on your own or with others, you will instantly be made to feel welcome. As a team we will board our flight to Las Vegas, ready to take on the Grand Canyon and the hike of a lifetime!

### brief itinerary

| Day 1   | Depart London  |
| Day 2   | Grand Canyon Village  |
| Day 3   | The Bright Angel Trail  |
| Day 4   | South Kaibab Trail  |
| Day 5   | Zion National Park  |

| Day 6   | The Narrows  |
| Day 7   | Free day in Las Vegas  |
| Day 8   | Depart Las Vegas  |
| Day 9   | Arrive in London  |

### what's included

- International flights from London (fuel surcharge not included)
- Action Challenge trek leader
- Full support team, including local guides
- UK medic
- All accommodation
- All meals, except in free time
- Airline taxes
- Treated drinking water
- All transfers in local vehicles
- National Park entrance fees
- Celebration dinner in Las Vegas
- Discounted training weekends in the Peak District, Snowdonia & Brecon Beacons
- Fitness and training guide
- Discounts from UK retailers
- Reduced rates at Nomad Travel Clinics and Masta Health

### dates

Please visit our website for more details

### cost

All inclusive trip cost from £2,425

Initial £399 deposit to sign up

Three payment options available

### how tough is the challenge?

Although the daily distances may not seem that long, we will be walking in the desert heat, up and down waterfalls and along narrow trails, so the challenge will be moderate and a decent level of aerobic fitness will be required.

### when to go

April, September and October are ideal months to take on this challenge, outside of the very hot summer period. Due to the desert climate, the days will be hot, with an average temperature of 25°C, but at night temperatures can drop to a much cooler 5 to 10 °C.
Breakfasts each morning will be in camp. Lunches will be en route and evening meals will be freshly prepared in camp in time for your arrival. In Las Vegas all meals will be at the hotel or a local restaurant, except in free time.

All meals are full of carbohydrates, protein and nutrients to keep us well fuelled for our hikes.

We can cater for all dietary requirements if informed in advance.

- Three nights in a hotel
- Four nights camping / lodge (dependent on availability)

All accommodation is on a twin/triple-share, single-sex basis and we will pair you with someone of a similar age, where possible. If you wish to share a room with someone you are travelling with, please specify this on your registration form.

If you decide that you would like to have your own room on the challenge, we can accommodate this in the majority of places. Please email us for more information

**food**

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**accommodation**

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**single supplement**

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**additional costs**

- Travel Insurance - approximately £60
- Visa Waiver Program - £20
- Vaccinations
- Tips for local staff - £50 recommended
- Airline’s fuel surcharge
A kit list will be sent to you on receipt of registration. Many everyday items can be used on this challenge, and we offer a kit hire service to keep costs down.

**Land only**
If you are planning on travelling to the USA before the challenge or wish to organise your own flights, we do offer a land only option, with a significant discount off the trip price. You will be required to meet your group at the hotel on day two of the itinerary.

Please email us for more information.

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**training weekends**

We run a number of training weekends throughout the year in the Peak District, Brecon Beacons and Snowdonia (including accommodation and meals). We also organise training days in London and the North and South downs. On both, you will get the chance to meet our mountain leaders and test out your kit and fitness!

**what’s not included**

- Alcoholic drinks
- Drinks and food outside of meals
- Personal kit / equipment
- Airline’s fuel surcharge

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**DAY 5 - Zion National Park**

Zion National Park has some of the most iconic images in the US and is on most people’s must visit list. Our trail is to the best viewing point in Zion NP which is aptly named Observation Point! Another good tough trek and once there we have our lunch amongst the magnificent and unique scenery of the park. We return to our lodging tonight in the small town of Springdale in the centre of Zion National Park.

**Meals:** B,L,D  **Accom:** Lodge / Camping  **Distance:** 15 km

**DAY 6 - The Narrows**

For the last day of our amazing challenge we trek to and through the main attraction in Zion National Park. “The Narrows” are the beautiful deep and narrow gorges of sandstone whose rich yellow, orange and red colours appear on so many famous photographs. The trail through some of the sections of Zion Canyon involves wading in the Virgin River. When we finally come to our trailhead we make the transfer back to our Vegas hotel and tonight we will mark our achievements with a Vegas-style celebratory dinner! Tonight Vegas is ours to explore and enjoy.

**Meals:** B,L,D  **Accom:** Hotel  **Distance:** 15 km

**DAY 7 - Free day in Las Vegas**

Today we have free time to enjoy the sights and sounds of Las Vegas!

**Meals:** B  **Accom:** Hotel

**DAY 8 - Depart Las Vegas**

We transfer to McCarran International Airport for our return flight home.

**DAY 9 - Arrive in London**

We arrive back into London and bid farewell to our newfound friends.

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**Hike along towering canyons, wade through the Virgin River and enjoy the breathtaking, panoramic views. Explore remote trails, pretty creeks and camp under the stars before living it up on our final two nights in Las Vegas!**

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**trek Grand Canyon**

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payment options

A REGISTRATION DEPOSIT of £399 is required to secure your place.

Once registered, there are 3 PAYMENT OPTIONS to fund the balance of the trip cost. Full details are on our website.

1) SELF FUNDED
For anyone who wants to pay for the entire trip themselves. It’s then completely up to you whether or not you choose to raise any money for a charity of your choice.

The total all inclusive cost of this trip is £2,425 for 2018, which, after you pay the £399 Registration Deposit, leaves a balance of £2,026. This final balance is due for payment 10 weeks before your departure along with any fuel surcharges levied by the airline.

2) SPONSORSHIP FUNDED
This is for anyone who wants to take on this challenge and will link it with fundraising a significant sum of money for a charity of their choice. You would have to raise at least £4,100 for Sep 2018 via sponsorship and donations from friends, family and colleagues, and be confident at the outset that you can achieve this total.

Pay the Registration Deposit and nominate a charity to fundraise for. All fundraising goes directly to your charity and providing that you raise at least £4,100 for Sep 2018, your charity will pay for the balance of your trip costs to Action Challenge. That balance, paid by your charity, is £2,026 (the same as if you were you were ‘Self Funded’) - the charity will retain at least £2,074 to help fund their work. You will have to pay any airline fuel surcharges 10 weeks prior to departure.

3) MIXED FUNDED
A mix of the 2 options above! You pay about half the trip cost yourself, and also fundraise for your charity. They pay the remaining balance of your trip costs. Ideal for anyone who wants to take on the challenge and also fundraise for a charity, BUT is happy to pay a reasonable proportion of the trip cost themselves, which with your registration deposit, is set at a level that covers at least the costs of flights & accommodation; perfect for those who feel more at ease asking for sponsorship in respect to the ‘challenge’ component of their trip.

Pay the Registration Deposit and nominate a charity to fundraise for. All fundraising goes directly to your charity and providing that you raise at least £2,450 for Sep 2018, your charity will pay a portion of your trip cost to Action Challenge. That balance, paid by your charity, is £1,216. At the same time, you will be required to pay the remaining balance yourself, which will be a figure of £810. (These two amounts add up to the same as the ‘Self Funded’ final balance) - the charity will retain at least £1,234 to help fund their work. You will have to pay any airline fuel surcharges 10 weeks prior to departure.