



PERU - THE TRAIL TO MACHU PICCHU

ITINERARY – OUTLINE FOR BESPOKE TRIPS

Our beautiful and remote trek that leads to the mysterious Machu Picchu ruins, is a journey through forgotten wind-swept valleys, over wild mountain passes and tiny, isolated Andean villages, giving you a rare taste of the real Peru.

DAY 1 DEPARTURE

We depart London on our flight to Lima.

DAY 2 LIMA

This morning we connect with a short domestic flight to the breathtaking southern city of Cusco (3300m). We transfer to our centrally located hotel and have the rest of the day to relax and enjoy one of the most celebrated cities in South America. We re-group in the evening for a welcome meal and briefing on the days ahead.

DAY 3 CUSCO 8KM / 4HRS TREKKING

Today, we have an acclimatisation walk above Cusco to the ruins of Saksayhuaman, giving us a good chance to accustom our bodies to the rarefied atmosphere. The rest of the day will be free day to explore a little more of this exciting city. Tonight, we spend a second night in our hotel in the centre of Cusco.

DAY 4 INCA TRAIL 13KM / 6HRS TREKKING

We start early this morning with breakfast at the hotel and transfer out of Cusco to the start of the challenge at Ollantaytambo at Kilometre 82. We trek along the banks of the Urubamba River until we reach the magnificent ruins of Llactapata. Our tents will have already been set up on arrival into camp, and hot drinks will be served. After enjoying an evening meal together, we will retire early this evening as the effects of altitude and exertion take their toll.

DAY 5 HUAYLLABAMBA – PACASMAYO 16KM / 7HRS TREKKING

Possibly the hardest day of the trek, we rise early and head to the highest point of the trail - the impressive Warmiwanusca (Dead woman's pass 4270m), with striking views into the valley. We then descend into the Pacasmayo valley and settle in our camp for the night.

DAY 6 PACASMAYO – WINAY WINAY 21KM / 8-9HRS TREKKING

Today, we climb again, passing the Inca ruins of Runcu Raccay, to the next pass giving us spectacular views of the Vilcabamba range. Walking on well-preserved Inca pathway we pass the Sayacmarca ruins, allowing plenty of time for a tour of the site. We continue along the ridge, up to the Phuyupatamarca ruins. A steep downhill on an old Inca stair case brings us into the Cloud Forest and the outstanding site of Winay-winay, which we explore before heading into our camp.

DAY 7 MACHU PICCHU 9.5KM / 3HRS TREKKING

As we have risen early today we should be in time to see early morning sun lighting up the magnificent Machu Picchu ruins from the 'Inti Punku' or 'Door of the sun'. From here, we descend to the world's most famous ruins, where we will have a guided tour. In the afternoon we continue to the town of Aguas Calientes, and return by train to Cusco, ready for an early night.

DAY 8 CUSCO

Today, we have a free day to look around Cusco. Optional extras include visiting the Pisac ruins, going white water rafting, or choosing to just relax in the city. This evening we celebrate our challenge achievement together well into the night!

DAY 9 DEPART CUSCO

We take a flight to Lima and connect with our international flight back home.

DAY 10 ARRIVE HOME



LOGISTICS

COSTS OF CHALLENGE

From £1999

For groups less than 15, please get in touch

CHALLENGE COST INCLUSIONS

Pre-trip briefing by Action Challenge staff

International flights

Action Challenge Representative

Action Challenge medic

English-speaking local guides

All accommodation

All meals, except in free time

All participant and luggage transfers

All National Park fees

3 litres of water provided daily

All entrance fees as per the itinerary

Pre-event client support

NOT INCLUDED

Alcoholic drinks

Travel insurance

Visas

Local departure tax

Fuel supplement

ACCOMMODATION

We stay at a combination of comfortable 3* standard hotels.

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

ACCOMMODATION

6 nights hotel based accommodation 2/3* twin/triple share same sex basis. 3 nights vehicle, porter, and mule supported camping.

FOOD

We always try to have freshly prepared food that is nutritional, appropriate and ultimately tasty. Food is based on local produce and usually exceeds peoples expectations. In the evenings in Cusco and Aguas Callientes we eat at restaurants unless during free time.

RATING & FITNESS

This is a Moderate/Tough challenge and requires a good level of fitness. The total distance trekked is approximately 50km.

EQUIPMENT

You will receive a full equipment list upon registration.

WEATHER

The best months to go are May to September. It's warm to hot and the rains are minimal. Although weather in the valleys is unpredictable, and temperatures may vary.