



**TREK MALAWI**



# ITINERARY – OUTLINE FOR BESPOKE TRIPS

## D1 DEPART LONDON

We depart London on an overnight flight Lilongwe Malawi.

## D2 LILONGWE

On arrive at the Lilongwe International airport, we transfer to our lodge in the heart of Lilongwe old town. We have a welcome meal and briefing to meet the team that will be with us for the duration of our challenge.

## D3 - 5 PROJECT VISIT

For the first three days of our challenge we transfer to the local project. Each day we will be working with our local team on the project in a number of different ways which may include building work on houses or the local school. There will be a chance in the afternoon to meet with the local staff and understand much better the plight of the displaced communities in Malawi. Each evening we return to our hotel in the centre of Lilongwe where we have supper and enjoy the sights and sounds of Lilongwe old town.

## D6 DZALANYAMA TREK 5-6 HRS TREKKING

Today we start the second part of our challenge by transferring to Dzalanayama Lodge. From here we head off north to climb up Mtsotsolo Mountain and then into the Dzalanyama range to the source of the Likuni River. After a rest and filling of water bottles, we continue through the pine plantations to a beautiful stream where we camp for the night. For our first night under canvas this basic camp is an incredible experience.





**LOGISTICS**

 **actionchallenge**  
challenge events worldwide

## CHALLENGE COSTS

From £1925

For groups less than 15, please get in touch

## CHALLENGE COST INCLUSIONS

Pre-trip briefing by Action Challenge staff

International flights

Action Challenge leader

Challenge medic with full emergency kit

English-speaking local facilitator/translator

Full local staff

All accommodation

Full communications

All meals, except in free time

All transfers

3 litres of purified water provided daily

Full UK office support and management

## NOT INCLUDED

Alcoholic drinks

Travel insurance

Fuel supplement

Single supplement

Visas

Departure Tax

Tips for local staff

## ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

## ACCOMMODATION

All accommodation is based on a twin-share basis. We use hotels/loges and hostels where available and in remote areas we camp.

## FOOD

Breakfasts each morning will be at our Lodge/camp, lunch will be at the community project/on route and evening meals will be back at the hotel or a local restaurant and in camp.

## WEATHER

The best time to visit Malawi is during the dry season from May to mid-November. From May to July the landscape is attractive and vegetation green and lush, and temperatures cooler. The months of October and November, at the end of the dry season, are the best time for wildlife viewing; however, the temperatures can be uncomfortably hot.