



KERALA TREK



# ITINERARY- OUTLINE FOR BESPOKE TRIPS

## DAY 1 DEPARTURE

We assemble at the airport for our flight to India.

## DAY 2 MUNNAR

Arriving in the early hours, we transfer a short distance to an airport hotel where we have a few hours to rest and freshen up. After a late breakfast we journey by road climbing high into the Western Ghats – the highest mountain range south of the Himalayas. We arrive at the hill town of Munnar and check in to our hotel where we have a chance to meet our local guiding team and over a welcome dinner we are briefed on the challenge ahead.

## DAY 3 TREK THE RHODO VALLEY 4 HRS / 7KM

After our hotel breakfast we transfer to the start of our trek. This is from the silent valley estate and start climbing uphill along the 4X4 tea estate tracks before entering the sholas or high altitude cloud forest. At times we have stunning views of this incredible Rhodo Valley as well as the great experience of trekking through the forest. We eventually arrive at or tented camp which will be ready for us along with a welcome pot of tea. Tonight we spend our first night under canvas.

## DAY 4 SURYANELLI 6 HRS / 9KM

Today is a long but rewarding day as the trail continues on single mud tracks and emerges onto the grasslands with stunning views of Lake Anaiyirangal. We continue steadily upwards to Meesapulimala 2630m the second highest peak in the Western Ghats, where we have our pack lunch before descending and traversing grassland to Kolukkumalai, the world's highest tea estate. Here we enjoy a guided tour of the Tea Factory and sample the fine brew which results! We eventually arrive at our new Kalypso Camp in Suryanelli where we overnight in Cottage tents.

**DAY 5****SHANTANPARA****8 HRS / 15KM**

This morning we trek directly from the Kalypso Camp along easy 4x4 trail towards the small village of Thondimali where we stop for tea after 4km. Refueled we head into the grasslands on single track, and after a few kilometres start a gradual climb through cardamon plantations – tasting and learning about the various spices found alongside the trail! We descend out of the plantations to our water and lunch stop, before commencing a steady climb up through plantation and grassland until arriving at our camp – Shantampara for an evening of fully supported camping and exquisite dining under the stars!

**DAY 6****CHANTARANGAPARA****6 HRS / 16KM**

After breakfast we break camp and descend into the opposite valley to an area known locally as the Cardomon Hills. After 8km we cross a roadhead and are met by our support team with water and snacks. We then continue on 4x4 trail for 3km before climbing through thick vegetation and grassland across lush green valleys. Lunch is high up in the hills before traversing through grasslands and descending to our support vehicles at Chantarangapara. Our transfer by road to Periyar (home to India's finest wildlife sanctuaries and Tiger reserve takes 2.5 hours, where we check into our comfortable hotel.

**DAY 7****GAVI****5 HRS / 14KM**

For the final day of our Kerala trekking challenge, we head to Gavi, where our trail takes us through lush forest and jungle, an area rich in biodiversity and wildlife. Accompanied by expert local guides our forest walk is an opportunity to learn more about the local ecosystem, and it is likely that we spot elephants grazing today. We take lunch at the forest eco-lodge before transfer to Alleppey and finally a bit of relaxation.

**DAY 8****ALLEPPEY**

This morning we have a Houseboat cruise which gives us a great chance to see the backwaters of the Western Ghats. After an onboard lunch we return to our great accommodation for an afternoon of relaxation. We mark the end of our challenge with a celebratory dinner.

**DAY 9****FREE DAY / DEPARTURE**

Depending on flight times we have some free time to explore Cochin before boarding our return flight to Ireland.

**.DAY 10****ARRIVE HOME**



LOGISTICS

## **COSTS OF CHALLENGE**

£1885 for 20 – 30 participants  
For groups less than 15, please get in touch

## **CHALLENGE COST INCLUSIONS**

Pre-trip briefing by Action Challenge staff  
International flights  
Action Challenge Representative  
Action Challenge medic  
English-speaking local guides  
Local specialised guides  
All accommodation  
All meals, except in free time  
All participant and luggage transfers  
All National Park fees  
3 litres of water provided daily  
All entrance fees as per the itinerary

## **RATING & FITNESS**

This moderate challenge requires a good level of fitness to walk the route.

## **WEATHER**

Oct – Nov is ideal for this challenge the weather should be pleasant in the morning getting increasingly hotter throughout the day. There may be a possibility of afternoon rain showers post monsoon.

## **ABOUT ACTION CHALLENGE**

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

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## **TOTAL TREKKING DISTANCE**

Approximately 62KM mountain terrain, on a mixture of dirt tracks, mule tracks, and mud single trail. Forest / grassland /and open hillside

## **ACCOMMODATION**

Hotels are all good quality and well run, Camping is on a twin share basis apart from our Suryanelli permanent camp which is on a triple share basis.

## **NOT INCLUDED**

Alcoholic drinks  
Travel insurance  
Single supplement  
Visas  
Departure taxes  
Fuel supplement

## **RATING & FITNESS**

This moderate challenge requires a good level of fitness to walk the route.

## **FOOD**

Breakfasts each morning will be at the accommodation, lunch en-route and evening meals will be at the home-stay or in a local restaurant