



NEPAL COMMUNITY PROJECT



ITINERARY – OUTLINE FOR BESPOKE TRIPS

The Cherpang tribe of the Kathmandu valley were among the last of Nepal's nomadic people. Today they are among the most impoverished. By providing the badly needed support, funds and materials required to build, staff and operate a village school for three years, then according to Nepali law the government must then step in and assume responsibility for its funding. Our Challenge sees us trek for two days into the hills around Kathmandu to reach the remote village and deliver the funds we have worked so hard to raise. We then spend the next three days working side by side with the villagers to complete the school. After a moving ceremony we say goodbye to our new friends and return by foot to Kathmandu where we explore the city and celebrate our achievements.

DAY 1 DEPARTURE

DAY 2 KATHMANDU

On arrival we are met by the local team who guide us through the initial culture shock of Kathmandu's colourful, bustling streets. In the afternoon we enjoy an orientation walk through medieval bazaars and secret courtyards into the heart of the old city.

DAY 3 TREK TO KHORBHANJYANG SCHOOL 4 HRS TREKKING

Our first day of trekking begins with a tough incline to reach the ridge that will lead us to our village. As we make our way up toward our destination, we get closer and closer to the spectacular views of the mountains from Annapurna in the west to Langtang in the east. The walk, while steep to start with, is fascinating as, even in these few hours we can start to appreciate the diversity of Nepal's ethnic groups as we pass Chhettri, Bahun and some Chepang households.

DAY 4 CHERPANG VILLAGE 5 HRS TREKKING

Today is a hiker's dream as we follow ancient footpaths along the ridge. All day we enjoy fine views of the magnificent Himalayas, the amazing landscape of the Mahabharata range, terraced fields, and isolated villages. This evening we reach the Cherpang village and the site of our community project. Over dinner we are introduced to our hosts for the next four nights.

DAY 5, 6 & 7 PROJECT DAYS

The hard graft starts as we separate into teams to work on the school. The construction is coordinated by a local village foreman and detailed briefings are given before any activity. Working side by side with the villagers we learn more about their fascinating history, culture and local customs; splitting the workload, sharing a joke and forging lasting friendships.

If all goes to plan we'll complete the project on the afternoon of day 7, in time for the grand opening and followed immediately by a village wide celebration party – Cherpang style!

DAY 8 UPPER DANG GADI

5-6 HRS TREKKING

Today we bid a fond farewell to the village, leaving behind us a shiny new school. Today is the longest day of the trek but also the most beautiful. We walk along the spine of the Mahabharata Range, looking down to the plains far, far below us and catching glimpses along the way of the mountains to our north. Our camp tonight is at the Upper Dang Gadi, a classic octagonal artillery fort.

DAY 9 KATHMANDU

5-6 HRS TREKKING

After watching the sunrise over the Himalayas for the final time, we follow the trail through the hills to the town of Mugling. From here we transfer to Kathmandu arriving mid afternoon. We have time to freshen up and buy some last minute souvenirs before toasting our achievements over a celebration dinner.

DAY 10 FLY BACK TO THE UK



LOGISTICS



COST

From £1795 per person
For groups less than 15, please get in touch

INCLUDED

Pre-trip briefing by Action Challenge staff
International and domestic flights
Action Challenge doctor/leader
English-speaking local guides
All accommodation
All meals, apart from during 'free time'
All transfers
Park Fees as required
Luggage transfer
Project build materials

NOT INCLUDED

Alcoholic drinks
Meals during "free time"
Travel insurance
Single supplement
Visa costs
Local departure tax
Fuel supplement

WEATHER

October – November is the best time to visit Nepal, when the country is at its most beautiful after the rains.

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

EQUIPMENT

An equipment list will be forwarded at a later stage.

RATING

Moderate trekking.

FITNESS

This Challenge requires a good level of fitness to trek the route and to take part in the project element of the Challenge, as the work will be physically demanding, and you will be expected to "muck in" where you feel able.

ACCOMMODATION

You will stay in 2/3* hotels for 5 nights and camp for 2 nights, with vehicle and porter support. All accommodation is on a twin/triple share, single sex basis unless otherwise requested.

FOOD

Breakfasts each morning will be either at the hotel or in camp. Lunches will be en-route in a restaurant or packed, and evening meals will be freshly prepared in camp in time for your arrival, or in local restaurants when you are staying in hotels.