



MILAN - SAN REMO



# ITINERARY – OUTLINE FOR BESOPKE TRIPS

## 4 DAYS / 2 DAYS CYCLING / 298 KILOMETERS!

Take part in this cycle challenge in northern Italy, along the route of the Classic Springtime race, the Milan-San Remo. We cover the 298km race over 2 days from Italy's economic heart in Milan, to the Italian Riviera ending in San Remo. Since 1907 the race has been staged in all but 3 years and won most times by the great Belgian cyclist, Eddy Merckx.

### DAY 1 MILAN

We meet around lunchtime at the airport for our flight to Milan. On arrival we are transferred to our hotel close to Via della Chiesa Rossa, the traditional starting line of the race. Our bikes will have been sent by road, two days prior and this afternoon we have enough time to prepare them for tomorrow's early start. This evening we have a welcome meal of excellent local dishes washed down with some great Italian wines.

### DAY 2 GENOVA APPROX 155 KILOMETERS

This morning we start our ride from the southern suburbs of Milan and after 10km we find ourselves at Binasco with Milan behind us. The start of our ride is through the plains of the Po river, the farming area that feeds much of Italy and produces many of the great delicacies that find their way around the world. We pass through the centres of Pavia, Voghera and Tortona. From here we start to feel the gentle incline increase as our first climb to Nuove Ligure at 120m gives us a taste of what is to come. The climbing starts in earnest at Ovada after 111km taking us to the highest point of the whole route at the Turchino pass 532m. Here there are sections that are as steep as 10% although it averages 4%. From Turchino it's 12km of fast and furious downhill to our Hotel in Genova Voltri. Tonight we eat Ligurian delicacies overlooking the Mediterranean whilst nursing our aching muscles.

### DAY 3 SAN REMO APPROX 139 KILOMETERS

The second half of the of the challenge is predominantly along the Italian Riviera. We deviate from the coastal road to add some tough hill climbs to the route, particularly in the morning with the crucial Le Manie-Valico climb, that at times reaches a tough 11% incline and which is almost always a decider to the outcome of the race. In the afternoon we climb at La Cipressa and Poggio before the final descent into Sanremo. Tonight as with all Kinetic cycle tours, we celebrate in style!

### DAY 4 RETURN HOME / LONDON

Today we are transferred 70km to Nice airport for our return flight home.



LOGISTICS



## **COSTS OF CHALLENGE**

From £1399 based on 30 participants

Minimum number 30 participants

## **CHALLENGE COST INCLUSIONS**

Pre-trip briefing by Action Challenge staff

International flights

Action Challenge cycle guide

Luggage Transfer

All accommodation

All meals, except in free time

All transfers

3 litres of water provided daily

## **NOT INCLUDED**

Alcoholic drinks

Travel insurance

Personal kit

Single supplement

Local departure tax

Fuel supplement

## **TOTAL DISTANCE**

Approx 300km

## **RATING & FITNESS**

This is a tough challenge, but accessible to any reasonably fit cyclist with good training

## **WEATHER**

There is a very high possibility of having good weather throughout this challenge. In the Milan region there are more likely to be showers and the high pass will be cold. The weather on the Riviera is most likely to be clear and sunny.

## **FOOD**

Breakfasts will be taken each morning at the accommodation and we will have a sit down lunch at restaurants along the route. Evening meals will be taken either in a local restaurant or in our hotel.

## **ABOUT ACTION CHALLENGE**

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

**Action Challenge UK Ltd, United House, North Road, London, N7 9DP**  
**[www.actionchallenge.com](http://www.actionchallenge.com) 020 7609 6695 [events@actionchallenge.com](mailto:events@actionchallenge.com)**