

LONDON 2 PARIS CYCLE



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ITINERARIES



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Cycle London to Paris brings together two of Europe's most exciting cities and is a challenge not to be missed. Our route takes us over the South Downs and across the Normandy countryside before we finally arrive under the arches of the iconic Eiffel Tower in the French capital, where we celebrate our achievements - Parisian style!

DAY 1 LONDON - NEWHAVEN – DIEPPE 95KM / 7-8HRS CYCLING

We meet very early morning at the iconic London Eye, with great views down the Thames. Our journey begins through London traffic with the quickest possible route out of the capital and into the great English countryside. The route changes to quieter B roads as we cross over the M25 into West Sussex and the South Downs. We ride into Newhaven in time for our early evening channel crossing to Dieppe. We eat dinner on board and have the opportunity to relax with the rest of the group. Once on dry land again we cycle a short way to our hotel.

DAY 2 DIEPPE - BEAUVAIS 118KM / 8HRS CYCLING

After breakfast we warm up in preparation for another big day, leaving the limestone cliffs behind us and heading inland into the beautiful Normandy countryside. We speed past French villages, traditional farming hamlets and agricultural land, as we follow quiet winding roads and cycle up and down the beautiful valleys. Exhausted, but exhilarated by the end of the day, we roll into our hotel, located on the outskirts of Beauvais. We have a good French meal before collapsing into bed.

DAY 3 BEAUVAIS - PARIS 93KM / 8HRS CYCLING

For our final day we set off with Paris in our sights. We follow the river Theram for a while before breaking away and heading towards the small town of Meru and the chateau of Chantilly, from where we make our way through a quiet forest. Finally, as we enter the Parisian suburbs, excitement mounts, and the first views of the river Seine and the city's monuments give our aching legs a new lease of life. We cross a number of bridges and the traffic intensifies the further we go into the centre. Our final ride down pretty Parisian boulevards takes us to the finish line, and the iconic Eiffel tower. We celebrate with our French friends late into the night.

DAY 4 PARIS - LONDON

Today is free to explore this fantastic city before taking an early evening Eurostar departure back to London.



LOGISTICS



COSTS

Itinerary 1 via Portsmouth:

From £799pp

Itinerary 2 via Newhaven:

From £849pp

Minimum number 30 participants

1 Free of Charge Place at 40+

INCLUDED

Action Challenge Event Manager
Support team including mechanic(s) / medic(s)
Ferry crossing
Eurostar – Paris to London
All accommodation
All meals, except in free time
All baggage transfers
Snacks along the route

NOT INCLUDED

Bike and bike equipment
Alcoholic drinks
Travel insurance
Items of a personal nature
Single supplement

EQUIPMENT

An equipment list will be forwarded at a later stage.

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

TOTAL DISTANCE

Approximately 300 - 375km

RATING & FITNESS

Moderate – Tough. This challenge requires a good level of fitness to cycle the route.

ACCOMMODATION

Accommodation is in comfortable 2-3 star hotels, based on a twin/triple share basis.

FOOD

Continental breakfasts will be at the accommodation, we will stop for snacks and lunch en-route, and a generous evening meal will be served at our accommodation or in a local restaurant. Snacks will include bananas, energy bars, nuts, flapjacks, etc. Lunch will be substantial and nutritious – likely to be buffet style, and dinners will be hearty nutritious. Dietary requirements can be catered for if informed of in advance.

WEATHER

May to October has suitable weather for this London to Paris Cycle Challenge. The weather in the UK and northern France can be changeable though, so wet weather gear should be brought on the event.