



CYCLE ARGENTINA
THE ANDES AND LAKE DISTRICT



ITINERARY – OUTLINE FOR BESPOKE TRIPS

This cycle challenge in the Patagonian Andes brings us to one of the most spectacular area of the Andes and yet retains excellent quality in terms of hotels and services. The incredible scenery, friendly people and great food and wine of Argentina will be highlighted on this challenge and for those that have never been to Buenos Aires, an exciting final night of partying awaits that will provide a fitting climax to an incredible experience.

DAY 1 **DEPART UK**

We depart from the UK for our overnight flight to Buenos Aires .

DAY 2 **BARILOCHE**

We arrive into Buenos Aires International Airport and upon meeting our guide and having a good lunch we transfer to the domestic airport for our afternoon flight to Bariloche, the capital of the Argentinean Lake District. We will have a pedal and seat fitting session later this afternoon and a welcome meal with a briefing in the evening.

DAY 3 **SAN MARTIN DE LOS ANDES** **85KMS**

We take an early transfer along the majestic “Enchanted Valley” to the very top of the Cordoba Pass and from here we start on an amazing descent towards the Lake Meliquina. After a great lunch we hit the paved road and continue our cycle to our hotel in San Martín de los Andes.

DAY 4 **VILLA LA ANGOSTURA** **110 KMS**

Today we cycle on a mixture of tarmac and dirt along the amazing Seven Lake Road to Villa La Angostura. Our cycle takes us along pristine lakes surrounded by forests while we journey south along the Andes Range.

DAY 5 **CHILE** **100 KMS**

This is one of the highlights of our time in Argentina, the climb from Villa La Angostura to the top of the Andes and the border with Chile. We climb steadily on a good tarmac road cross the Argentine customs, leaving the dense forests behind to arrive at the barren summits of the Andes with superb views of the Chilean Volcanoes. After lunch here we have an amazing descent back to Villa La Angostura and our hotel.

DAY 6**BARILOCHE****80 KMS**

This morning we follow the track for 12km to arrive at the magical Arrayan forest of red Chilean Myrtle trees. Here we load our bikes on to our boat, make our way across Nahuel Huapi lake to its Southern shore, and arrive at the beautiful area of Ilao Ilao. Here we tour the famous “circuitito Chico”: one of the most scenic routes in Patagonia. This evening we celebrate the end of our challenge and enjoy some magnificent Argentine local cuisine for our celebratory dinner.

DAY 7**BUENOS AIRES**

This morning we transfer back to the local airport for our flight back to Buenos Aires. After we check in at our hotel, the rest of the afternoon is free to discover a little of this incredible city. Now we have one of the liveliest cities in Latin America at our fingertips and the partying will go well into the night.

DAY 8**DEPART ARGENTINA.**

In the morning we transfer to Buenos Aires international airport for our flight home.

DAY 9**ARRIVE HOME.**



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2014



LOGISTICS

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COST OF CHALLENGE

From: £2195 pp

For groups less than 15, please get in touch

CHALLENGE COST INCLUSIONS

Pre-trip briefing by Action Challenge staff

International flights

Action Challenge Representative

Expedition Medic

English-speaking local guides

Luggage Transfer

Bike

All accommodation

All meals, except in free time

All transfers

All National Park fees

3 litres of water provided daily

NOT INCLUDED

Alcoholic drinks

Travel insurance

Personal kit

Single supplement

Tips for local guides

Local departure tax

Fuel supplement

ABOUT ACTION CHALLENGE

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. Since 1999, we have worked with many blue chip companies, over 600 national and regional charities, schools, sports clubs, groups of friends and individuals on both UK and overseas events. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of lengths we go to, to bring our clients experiences they would be unable to find elsewhere.

TOTAL DISTANCE CYCLED

Approximately 375km

RATING & FITNESS

This moderate challenge requires a good level of fitness to cycle the route.

ACCOMMODATION

6 nights in a mixed variety of hotels throughout the ride.

FOOD

Breakfasts each morning will be at the accommodation, lunch en-route and evening meals will be at the hotel or in local restaurants.

CLIMATE

This area of Argentina is best visited in October to March. Temperatures in this period range from 19-30 degrees. Rainfall is 1-25mm with 12-14hrs of sunlight a day.